

COFFEE BLISS. FRESHLY GROUND & BOTTOMLESS.

SIGNATURE BRASILIA BLEND*

Our signature blend of Colombian, Brasil and other exotic South American coffees is roasted to maximize aroma and taste.

RAINFOREST BOLD*

This inspiring blend contains coffees from Rainforest Alliance Certified™ farms. It is full-bodied with bright flavors and a smooth finish.

HAZELNUT*

Our popular house blend infused with the flavor of freshly roasted hazelnuts.

SEASONAL BLEND*

Expertly-roasted, flavored blends available. Ask about today's selection.

DECAF*

A medium roasted coffee using high-grown Arabica beans.

*price per guest

Our coffee is made with 100% Premium high-grown pure Arabica beans.



Iced Coffee

ORIGINAL

Double-brewed Rainforest Bold coffee and milk served over ice.

FLAVORED

Flavors include Hazelnut, French Vanilla and sugar-free French Vanilla.

MOCHA

Topped with whipped cream and a drizzle of chocolate.



Smoothies & Cool Drinks

SMOOTHIES

OREO® COOKIE CRUSHER

STRAWBERRY SPLASH

DOUBLE BERRY FROST

FLAVOR OF THE DAY

Ask your server for additional flavors.

SOFT DRINKS



COKE®, DIET COKE®, SPRITE®

Other Coca-Cola® products available. Please ask your server.

COOL DRINKS

LEMONADE

STRAWBERRY LEMONADE

ICED TEA

ARNOLD PALMER

A blend of lemonade and iced tea.

NESTEA® RASPBERRY ICED TEA

KEY WEST SUNRISE COOLER

A mixture of lemonade, orange juice and Sprite® with a splash of grenadine.

Free refills on soft drinks, iced tea and lemonade. Water is available upon request.



Hot Drinks, Juices & Milk

HOT DRINKS

TEA

Assorted herbal, green and black teas.

HOT CHOCOLATE

With whipped cream.

PEPPERMINT HOT CHOCOLATE

With whipped cream.

100% PURE SQUEEZED JUICE

ORANGE JUICE

GRAPEFRUIT JUICE

LARGE CARAFE

JUICE & MILK

CRANBERRY

TOMATO OR V8®

APPLE

MILK (2%, SKIM OR CHOCOLATE)



We Proudly Serve These Products



All of our food is available "To Go"

We offer our Senior Guests (60+) a 10% discount on food items. This restaurant is a smoke-free environment.

Gift Cards Available
Kids' Menu Available

RESERVE OUR FREE* PRIVATE MEETING ROOM

- Business & Networking Meetings
- School & Community Gatherings
- Sports Teams & Leagues
- Holiday & Special Events

Meeting room menu available. See manager for details.

*Free with food purchase.

Get It To Go



Call it in.

Pick it up.

Get on your way.

The EGG&I™

Breakfast & Lunch

Serving Our Friends Daily

Mon-Fri Open Until 2:00pm
Sat-Sun Open Until 2:30pm

www.TheEggandIRestaurants.com



Benedicts

All Benedicts are served with ranch potatoes.

EGGS BENEDICT* 8.99
Two English muffin halves topped with ham, two poached eggs, hollandaise sauce and green onions.

HIKER'S BENEDICT* 9.29
Diced ham, asparagus, tomatoes, portabella mushrooms and two poached eggs on two English muffin halves. Topped with dill hollandaise sauce and two strips of bacon.

CRABCAKE BENEDICT* 9.69
Two grilled crabcakes topped with tomato slices, two poached eggs and hollandaise sauce. Served with an English muffin.



Great Eggs-pectations

EGGS PLUS* 5.99
Two country-fresh eggs cooked to order. Served with ranch potatoes and a choice of toast. **With bacon, sausage or ham 7.69**

TURKEY SAUSAGE & EGGS* 7.69
Two eggs cooked to order with three turkey sausage patties, ranch potatoes and a choice of toast.

BREAKFAST CROISSANT 8.29
Scrambled eggs, diced ham and melted cheese served on a bakery-fresh croissant. Served with ranch potatoes.

DELUXE EGG SANDWICH 8.79
Two fried eggs, sliced ham, bacon strips, tomato, mayonnaise and Havarti dill cheese stacked on grilled sourdough bread. Served with ranch potatoes.



Skillets & Scrambles

» **CAMBRIDGE SKILLET*** 8.79
Diced ham, bacon and hollandaise sauce on a bed of ranch potatoes with melted cheese and two eggs any style. Served with an English muffin.

TEXAS SKILLET* 8.99
Seasoned steak strips, roasted red and green peppers, onions and portabella mushrooms on a bed of ranch potatoes with melted cheese and two eggs any style. Served with an English muffin.

MEXICAN SKILLET* 8.99
Chorizo, black beans, green chiles, diced tomatoes and onions on a bed of ranch potatoes with a choice of pork green chili or salsa. Topped with pepper jack cheese and two eggs any style. Served with a warm flour tortilla.

CORDON BLEU SKILLET* 8.79
Diced chicken, ham, Swiss cheese and hollandaise sauce on a bed of ranch potatoes with two eggs any style. Served with an English muffin.



Smarter Choices

MEDITERRANEAN FRITTATA 8.99
Egg whites accompanied by diced chicken, fresh mozzarella, roasted roma tomatoes, Parmesan cheese and Greek seasoning. Served with fresh fruit.

EGG BYTE OMELETTE 8.49
A three egg white omelette with diced tomatoes, green peppers, baby spinach, onions and portabella mushrooms. Served with fresh fruit and a side of salsa.

FRESH FRUIT & YOGURT 7.99
Fresh fruit with vanilla yogurt and granola.

BREAKFAST SUNDAE 7.29
Layers of crunchy granola, fruit, low-fat yogurt and crisp apple slices in a tall parfait glass.

Cholesterol free eggs or egg whites may be substituted for .99

» **PARISIAN BENEDICT*** 9.29
A buttery croissant half layered with shaved ham, sautéed portabella mushrooms and melted Swiss cheese. Topped with two poached eggs, hollandaise sauce and green onions.

VEGGIE BENEDICT* 8.49
Two English muffin halves layered with portabella mushrooms, spinach, artichoke hearts, asparagus, sliced tomatoes and Greek seasoning. Topped with two poached eggs, hollandaise sauce and green onions.

PHILLY STEAK BENEDICT* 9.29
Two English muffin halves topped with seasoned steak strips, peppers, onions, pepper jack cheese, two poached eggs, hollandaise sauce and green onions.

» **STEAK & EGGS*** 10.99
Choice top sirloin and two country-fresh eggs cooked to order. Served with ranch potatoes and a choice of toast.

BISCUITS & GRAVY* 6.99
Fluffy homestyle biscuit topped with sausage gravy. Served with two eggs any style and ranch potatoes. **With bacon, sausage or ham 8.69**

CORNED BEEF HASH* 8.79
Corned beef mixed with diced potatoes and onions. Topped with two eggs any style. Served with a side of hollandaise sauce and a choice of toast.

COLORADO JACK SCRAMBLE 8.59
Diced ham, green peppers, tomatoes and onions scrambled with three eggs and topped with melted pepper jack cheese and green onions. Served with bacon or sausage, a choice of toast and a side of salsa or pork green chili.

WISCONSIN SCRAMBLE 7.29
Three eggs scrambled with a quartet of cheeses: Swiss, Monterey Jack, Cheddar and cream cheese. Topped with green onions. Served with ranch potatoes and a choice of toast. **With bacon or sausage 8.99**

ATHENA SCRAMBLE 7.99
Three eggs scrambled with zesty feta cheese, asparagus, diced tomatoes and portabella mushrooms. Served with ranch potatoes and a choice of toast. **With bacon or sausage 9.49**

» **VERA CRUZ CHICKEN & AVOCADO OMELETTE*** 9.29
An egg white omelette with diced chicken, tomatoes, onions and green chiles. Topped with melted Cheddar and Monterey Jack cheeses and fresh avocado. Served with fresh fruit and a side of salsa.

MORNING HARVEST 6.99
Steel cut oatmeal served with brown sugar, golden raisins and dried cranberries with fresh fruit on the side.

BERRY-OLA OATMEAL 7.99
Steel cut oatmeal topped with fresh blueberries, raspberries and crunchy granola. Served with brown sugar and fresh fruit on the side.



Eggs Olé

Each Eggs Olé entrée served with ranch potatoes.

SUNRISE CHILE RELLENOS 8.79
Whole roasted green chile strips filled with melted Monterey Jack and Cheddar cheeses folded inside lightly cooked whipped eggs. Topped with salsa or pork green chili, melted cheese, lettuce, diced tomatoes, sour cream and green onions.

» **SANTE FE HUEVOS*** 8.49
A flour tortilla layered with seasoned black beans, melted pepper jack cheese and two eggs any style. Topped with pork green chili or salsa, guacamole, diced tomatoes, sour cream and green onions. **Add chorizo (a zesty sausage) 8.99**

GREEN CHILI CHICKEN HASH* 8.99
Diced grilled chicken mixed with hash potatoes, jalapenos, green peppers and onions. Topped with pork green chili, two eggs any style, mixed cheese, sour cream and guacamole. Served with a warm flour tortilla.



Omelettes & Frittatas

Three egg omelettes served with ranch potatoes and an English muffin or toast.

» **SPINACH BACON MUSHROOM OMELETTE** 8.99
Fresh spinach, bacon, portabella mushrooms and melted Swiss cheese. Topped with hollandaise sauce.

EGG-CEPTIONAL OMELETTE 8.99
Sausage, diced ham, bacon, onions, tomatoes, portabella mushrooms and melted cheese. Topped with sour cream and green onions.

MEXICAN OMELETTE 8.59
Chorizo sausage, green chiles and onions, topped with Monterey Jack and Cheddar cheeses, salsa or pork green chili, sour cream and green onions. Served with a flour tortilla.

DENVER OMELETTE 8.49
Diced ham, onions, green peppers and melted cheese.

HAM & CHEESE OMELETTE 7.99

BACON & CHEESE OMELETTE 7.99

HUEVOS RANCHEROS* 8.49
A flour tortilla layered with refried beans, melted cheese and two eggs any style. Topped with salsa or pork green chili, sour cream and green onions. **Add chorizo (a zesty sausage) 8.99**

BREAKFAST BURRITO 8.79
Three eggs lightly scrambled with green chiles, onions, ranch potatoes and diced pork sausage. Wrapped in a warm flour tortilla and topped with melted Monterey Jack and Cheddar cheeses, pork green chili or salsa, lettuce, tomatoes, sour cream, guacamole and green onions.

YI-YI™ SPICY ENCHILADAS 8.99
Corn tortillas filled with scrambled eggs, chorizo, diced chicken and onions. Topped with hot sauce, pork green chili, sour cream, mixed cheese, lettuce and diced tomatoes.

FIVE CHEESE OMELETTE 8.29
A delicious blend of Cheddar, Monterey Jack, Parmesan, Swiss and fresh mozzarella cheeses.

THE M.B.A. FRITTATA 8.79
Portabella mushrooms, bacon and asparagus, topped with Havarti dill cheese, diced tomatoes and Parmesan cheese.

GREEK FRITTATA 8.99
Diced ham, artichoke hearts, roasted roma tomatoes, asparagus and portabella mushrooms. Topped with basil pesto and Havarti dill cheese.

GARDEN FRITTATA 8.29
A harvest of fresh vegetables, diced tomatoes, green peppers, onions, portabella mushrooms and fresh baby spinach with Cheddar and Monterey Jack cheeses.



Pancakes, Waffles & French Toast

» **THE FLAPPER*** 7.99 An extra large whole wheat pancake, two eggs and two strips of crisp bacon or sausage patties.

	single	with bacon or sausage	
PLAIN 'N SIMPLE PANCAKE	4.99	6.69	Each pancake made with whole wheat and served with warm syrup.
BLUEBERRY PANCAKE	5.99	7.69	
RASPBERRY GRANOLA PANCAKE	5.99	7.69	
Whole raspberries and granola with low-fat raspberry yogurt instead of butter.			
PINEAPPLE COCONUT PANCAKE	5.99	7.69	
Fresh pineapple and toasted coconut with a side of vanilla cream sauce.			
APPLE CINNAMON GRANOLA PANCAKE	5.99	7.69	
Crunchy granola and apple slices baked into a whole wheat pancake, sprinkled with cinnamon and served with cinnamon butter.			

» **WAFFLE EGSPRESS*** 7.99 A golden Belgian waffle, two eggs and two strips of crisp bacon or sausage patties.

IT'S OK TO WAFFLE	4.99	6.69
Single waffle.		
THE PATRIOT WAFFLE	6.49	8.19
Fresh raspberries and blueberries with a dusting of powdered sugar.		
STRAWBERRY BANANA & WALNUT WAFFLE	6.99	8.69
Fresh strawberries, bananas and walnuts topped with powdered sugar and whipped cream.		

» **VIVA LA FRANCE*** 7.99 Two pieces of French toast, two eggs and two strips of crisp bacon or sausage patties.

FRENCH TOAST 5.99
Three pieces of sourdough bread dipped in a custard batter. Grilled golden and sprinkled with powdered sugar.
STUFFED FRENCH TOAST 7.79
Two pieces of French toast filled with diced pork sausage, melted cheese and scrambled eggs. Served with ranch potatoes.
RAISIN FRENCH TOAST* 7.99
Raisin bread French toast topped with cinnamon butter. Served with two eggs and two strips of bacon or sausage patties.

Lunch Classics



Entrée Salads

Dressings available: Ranch, Balsamic Vinaigrette, Bleu Cheese, Thousand Island and Low-Fat Raspberry Vinaigrette.

CHICKEN SPINACH SALAD 8.99
Fresh baby spinach, sliced grilled chicken, cranberries, golden raisins, bleu cheese, bacon, red onions, sliced apples and spicy pecans tossed in balsamic vinaigrette.

COBB SALAD 8.99
Mixed salad greens, grilled chicken, bacon, tomatoes, avocado, chopped egg and bleu cheese. Served with a choice of dressing.

GREEK SALAD 8.99
Sliced grilled chicken with sun-dried tomatoes, red onion, artichoke hearts, feta cheese, kalamata olives, diced tomatoes and Parmesan croutons tossed with salad greens in an herb vinaigrette dressing.



Sandwiches

Choice of kettle chips, side salad, cottage cheese, seasonal fresh fruit or a cup of homemade soup.

» **CHICKEN CAPRESE** 8.99
Sliced grilled chicken with fresh mozzarella, blanched spinach, roasted roma tomatoes and pesto mayonnaise on a ciabatta bun.

ARIZONA TURKEY 8.99
Smoked turkey breast on grilled sourdough with bacon, avocado, tomato, mayonnaise, Cheddar and Monterey Jack cheeses.

REUBEN 8.99
Corned beef, melted Swiss cheese, Thousand Island dressing and Bavarian sauerkraut on grilled rye bread.

CHEDDAR CHEESEBURGER* 7.99
Grilled 6oz burger patty topped with melted Cheddar cheese, shredded lettuce, sliced tomato and mayonnaise. **Add bacon 8.99**

THE EGG CHEESEBURGER* 8.49
Our Cheddar cheeseburger topped with a fried egg. **Add bacon 9.49**

GRILLED CHICKEN 8.49
A grilled chicken breast topped with melted Cheddar cheese, shredded lettuce, sliced tomato and mayonnaise. **Add avocado 9.49**



Soups, Side Salads & Combos

SOUP OF THE DAY 4.49 bowl 3.49 cup
Made from scratch. Offered at 10:00 a.m. daily.

GARDEN SALAD 3.49
Mixed greens topped with carrots, tomatoes, Parmesan croutons, Monterey Jack and Cheddar cheeses. Served with your choice of dressing.

SOUP & SALAD 7.79
A bowl of homemade soup with a garden salad.

Combo sandwich options include: Arizona Turkey, Chicken Apple Walnut, Swiss Tuna Melt or Reuben.

» **TRIPLE PLAY** 8.99
A cup of homemade soup, your choice of a half sandwich and a garden salad.

HALF SANDWICH WITH SOUP OR SALAD 7.99
Your choice of a half sandwich with a bowl of homemade soup or a garden salad.



Add-ons & Sides

RANCH POTATOES WITH SOUR CREAM 2.79
ADD CHEESE 3.79
LOADED 4.79
Pork green chili, melted cheese, diced bacon, sour cream and green onions.

STEEL CUT OATMEAL 4.59 bowl 2.99 cup

SWEET MUFFIN 2.29

SEASONAL FRESH FRUIT BOWL 4.59

BISCUIT & GRAVY 3.99

GRANOLA WITH 2% MILK 3.99

ONE EGG 1.29 **TWO EGGS** 2.29

*Consuming raw or undercooked meats, poultry or eggs may increase the risk of food borne illness. Please let us know if you have food allergies. Not all ingredients are listed on the menu.